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from Vegetarian Tagines & Couscous: 60 Delicious Recipes for Moroccan One-Pot Cooking
Vegetarian Tagines & Couscous by Ghillie Basan Categories: Soups; Moroccan; Vegetarian
Ingredients: fresh ginger; coriander seeds; fennel seeds; pumpkins; vegetable stock; cream; honey; dried red chiles

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It made more sense to cook this Moroccan-spiced tagine in a heavy pot, rather than a tagine, so that more folks can enjoy it. Whether this cooking method qualifies the dish as a tagine or a stew is a matter of semantics. I serve it over couscous, so I call it Moroccan-Style Vegetable Couscous. This two-pot meal is easy to make, healthy and ...

Moroccan-Style Vegetable Couscous - Vegetarian Recipe

Vegetarian Tagines & Couscous – 60 delicious recipes for Moroccan one-pot cooking ‘The recipes are really good and give you the wow factor you only get in Morocco on holiday’ Amazon.com ‘Brighten up chilly and gloomy days with a sumptuous Moroccan spread from Ghillie Basan’s latest book’ Cook Vegetarian

Vegetarian Tagines & Couscous « Ghillie Basan

Vegetarian Tagines & Cous Cous: 60 Delicious Recipes for Moroccan One Pot Cooking Fragrantly spiced and comforting, tagines are easy to prepare and sure to satisfy at every occasion. And prepared without meat (and often without dairy, too) they are not only economical, but also one of the best ways to enjoy seasonal produce.

Tagines Recipes

Dec 9, 2017 - Explore Dina's board "Vegetarian tagine" on Pinterest. See more ideas about Tagine, Cooking recipes, Vegetarian recipes.

Vegetarian tagine: 10 best ideas about tagine, cooking ...

When the veg are almost tender, just cover the couscous with boiling water, season with salt and pepper and pop a plate on top. Leave for 10 minutes, then fluff and fork up. Pick the herb leaves

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and toast the almonds. Serve the tagine and couscous sprinkled with the almonds and herbs. Delicious served with harissa rippled yoghurt.

Wonderful veg tagine | Jamie Oliver vegetable recipes

Pour on the 160 ml of boiling water and mint on to the Couscous and combine it with a fork so that all of the Couscous is soaked. Cover with a lid and let the Couscous Absorbe the water for 5 minutes. Add a lump of butter and mix it in with a fork. Serve piping hot as a snack or side dish or Cold as a salad.

Mint and Vegetable Moroccan Couscous - video dailymotion

Couscous is made from wheat and is a blank canvas for stews, sauces, and even great tossed in salads. ... Autumn Vegetable Tagine . Vegan. Orange Israeli Couscous with Carrots and Raisins. Low-Fat. Butternut Squash and Chickpea Stew with Couscous .

Couscous - Vegetarian Times

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