

*Minding Emotions Cultivating Mentalization In Psychotherapy
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experience emotions, in my view, not all aporetic emotions are proto-emotions; the former is a larger category of which the latter is a part. My understanding of aporetic emotions corresponds to the subjective aspect of what Damasio (2010) has termed "primordial feelings" in his neuroscientific account of the evolution of the self.

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Books — Elliot Jurist, Ph.D., Ph.D.

Minding Emotions is a thorough look at emotions, autobiographical memory and the role that understanding can have in a therapy setting as well as beyond the therapy room. It is a great read. Elliot Jurist's reputation for excellent scholarship and experience as a clinician, teacher comes alive in this book.

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